

# THE VEIL OF FORGETFULNESS AND ASTRAL TRAVEL - ATHENA SWARUU - SOPHIA SWARUU



REVELACIÓN CÓSMICA SEMILLAS ESTELARES

20 August 2021

Video URL: <https://youtu.be/mc8ZdqnsDg0>

## START OF THE VIDEO

*And that goes directly hand in hand with the veil of oblivion Because if we remembered everything, we would remember that we are the Whole, therefore we would no longer be a person, a soul ... We would be the original Source!*

- "Yázhí" Sophia Swaruu XII - Athena Swaruu X

Robert.- One question: to do astral travel, what do I need besides predisposition? Is there a procedure?



Sophia Swaruu "Yazhi" XII.- It is something very personal. Each one must do it as it serves him best. Basically it is deep state of meditation. What you can do is practice, in deep meditation, walking on your floor, or the room where you are. Use your imagination when doing it, do not try to detach yourself from the body like that, without practice, because it will only frustrate you. But enjoy walking through your floor, room, or your streets, through the forest, what you do in solid life, do it with a memory tour, it works. It's just practice. Suddenly you will realize that it is no longer imagination, because clear images of places come to you. It just takes practice. Then you don't even need meditation. I can do it in seconds wherever I am, even sitting at the table. Invert the idea that you are something solid, a body, and make it more like your body follows you, because you are soul, spirit and energy.



Robert.- Yes, that sounds very good. Good exercises. I used to start doing these things when I was a child, but now I haven't done astral travel for a long time. The other question: If I leave the Earth with an astral travel, will I see the true form of the Earth? I remember when I was little leaving the Earth and returning and seeing it spherical. But there are people who say to go out and ask I do not know who ... to show them the true shape of the Earth

Sophia Swaruu "Yazhi" XII.- A potato?

Robert.- And it is as if the Earth were a balloon that deflates and remains flat. I saw it as spherical.

Sophia Swaruu "Yazhi" XII.- I do not believe so easily what they say that they see on Earth from the astral, I see rather flat Earth agendas.

Robert.- My question is: once you leave the body, in that case is the collective unconscious following you? From what we have spoken yes ... But to that point of seeing the flat Earth?

Sophia Swaruu "Yazhi" XII.- I have no reason to lie, and I just have to open my window that I have to my left to see that it is round.

Robert.- I know. I know it is round. Just wondering why that person would see it as flat? What made them see that? Their collective unconscious?

Sophia Swaruu "Yazhi" XII.- Your unconscious, intertwined with the collective unconscious, does affect your perception of things. Not so much so with something, which itself has another "unconscious" that imposes its own form. The earth. Rather, I feel like they make up movies about their astral travel to promote a personal, group, or Cabal agenda.

Robert.- I understand yes. But I do not know how people do not realize after so much information that we have shared.

Sophia Swaruu "Yazhi" XII.- Nothing would happen if I open the window, because what keeps the ship pressurized is not the window or the hull, that is secondary. The primary pressurization comes from the shields.

Robert.- It's true. Yazhi, a question: Is the Veil of Forgetfulness related to our state of mind? Or is that just for agreements? Or both things? For example, Anéeka has the Veil of Forgetfulness. Just remember to be Taygetean, Taygetean, Taygetean ...

Sophia Swaruu "Yazhi" XII.- The veil of oblivion obeys something very simple. It is not some machine that erases memories, or anything like that. It is the same mechanism that clears (your memory of) dreams when you wake up. What is in more energetic, lighter planes of existence is not compatible in frequency with the heavier material world, so it does not link those mental frequencies. Memory is not in the brain, it is in the etheric field. So if those frequencies are very subtle, the brain doesn't decode them.



To remember a past life, or last night's dream, you have to hold it in some way long enough for that subtlety to imprint a reaction in the brain that can bring it into the physical world as a memory. The brain translates what is in the field and brings it into the physical world. It does not produce memories. It only captures them in the physical world. This also happens because of pre-natal agreements, as with Anéeka.

Robert.- It is super coherent. No one erases your memory. It is logical that these memories are "taken" from the ether of other "densities". From the etheric field, yes.

Sophia Swaruu "Yazhi" XII.- No, nobody, that is New Age. Fears, Archons with tridents, it is not so. It is only a process of frequencies compatible and not compatible with the so-called physical world. That is all.

Robert.- *"The veil of oblivion obeys something very simple. It is not some machine that erases memories, or anything like that. It is the same mechanism that erases dreams when you wake up. What is on more energetic, lighter planes of existence is not often compatible with the heavier material world ..."* - Sophia Swaruu XII  
I love the definition. Thanks.

Athena Swaruu X.- A soul is just a group of ideas that define what it is and from where to where "that person" is. Which makes the concept of the EGO Self of a "soul" completely dependent on a time frame, and on a set of ideas that define it. Which also means that you must have a definite frame of apparent limitation. (Because it's just more ideas). And that apparent limitation can only occur with an idea of being finite like Egos, like I's. And that goes hand in hand with the Veil of Forgetfulness. Because if we remembered everything we would remember that we are the Whole, therefore we would no longer be a person, a soul ... We would be the original Source! So if you want to be a person, you have to be within a framework of forgetfulness that defines a limitation.



This by giving you a feeling of total clarity that you are something and not the rest. The very definition of *being* within Duality. But in itself it must be taken into account that Duality as such, "something and not the other, something else" occurs until the total integration of the Whole, of the Source itself, which as it includes the Whole, everything is part of the same and there is no duality. So the veil of oblivion, the sensation of the passage of time, and the idea of finiteness, are inseparable parts of the concept that defines a soul.

Robert.- Wow! I had never before heard that definition of what the veil of oblivion on Earth is ... It is understood very well, and that memory frame defines it as something with individuality that upon disincarnation will unite with the Whole, with all "the tape" The Source ... But then is there a "veil" of oblivion in the other "densities"? In the "5D" for example? To be able to experience those "Ds," Those mental states.

Athena Swaruu X.- Yes there is, yes there is a veil of oblivion in other densities, there will always be until integration with the Whole, with the original Source, there will always be a veil of forgetfulness in one way or another as long as there is duality. Even when disembodied, when dying, the mind expands, the conscience, but even there there is still a veil of oblivion. Because you only enter a point of greater expansion, but not until The Source because the sensation still remains, the idea of being "something" (soul in any case) and not the Whole. So when dis-incarnating, let's say that a person had a memory-consciousness from 42 to 52, as in the example above, when he dis-incarnates he will have a memory-consciousness from 2026 to 2982, but there will still be limitation. But compared to the fat consciousness-memory from 42 to 52 that one had in life, the expansion is amazing. But the limitation, the veil of oblivion, is still there.

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**Transcribed by an anonymous person of Sociedad Taygeta**

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